

# STUDY PSYCHOLOGY AT DISTED

The DISTED School of Psychology offers the Bachelor of Psychology (Hons) in collaboration with HELP University, a pioneer in psychology studies among private institutions in Malaysia. Its psychology programme is one of the largest and most established undergraduate psychology education programmes in Asia. Students can be assured of the teaching quality and assessment as the programme syllabus and structure are the same as conducted at HELP University. Students have opportunities for practical training through working internships and research assistantships organised by DISTED and HELP University. This programme is fully accredited by the Malaysian Qualifications Agency.

## WHY CHOOSE DISTED?

At DISTED, you experience an exciting, practical, all-rounded tertiary education conducted in a conducive campus environment. Learning approach includes group classroom teaching, discussions, research projects, structured practical experience and oral-aural activities.

- Qualified, experienced, dedicated and caring lecturers supported by experienced technical staffs.
- Wide range of research databases and reference resources are available to students.
- Guidance and tutelage are given in class and via the psychology laboratory to enhance your empirical research skills.
- Warm classroom setting and close monitoring of your academic progress.
- Ideal learning environment at our purpose-built Yeap Chor Ee Heritage Campus with good facilities.
- Scholarships are available to Malaysian and International students.\*

\*Terms and conditions apply



## ACADEMIC PARTNERS



## AWARDS & ACCREDITATIONS



DISTED College  
YCE Heritage Campus  
340 Macalister Road, 10350 Penang, Malaysia.  
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All contents are subject to changes.

#DISTEDtowards35

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DISTED College

disted.edu.my

DISTED  
COLLEGE

# PSYCHOLOGY



# BACHELOR OF PSYCHOLOGY (HONS)



## PROGRAMME OVERVIEW

The Bachelor of Psychology (Hons) at DISTED accords students with broad-based knowledge and transferable skills that are essential in the psychology profession and in occupations where psychology provides a useful base to improve people's quality of life and work.

### WHY CHOOSE DISTED

- Penang 1st Bachelor of Psychology course since 2013 in collaboration with HELP University
- Penang most reputable Bachelor of Psychology programme
- HELP University is the first university to start a Centre for Psychology 21 years ago, making our programme in psychology the most established among private tertiary institutions in Malaysia.
- HELP Psychology has over 1,000 full time students completing their undergraduate degrees in Psychology, making it one of Southeast Asia's largest Psychology programmes.
- 99.9% employability rate of graduates

It also paves the way to exciting and rewarding careers in the following areas:

#### Applied Psychology

- Clinical Psychologist\*
- Counselling Psychologist\*
- Child Psychologist\*

#### Business and Public Sectors

- Human Resources
- Management
- Leadership & Personal Development Training
- Consultancy
- Marketing
- Opinion Survey Researcher
- Public Relations

#### Education

- Educational Psychologist\*
- School Psychologist\*

#### Academic and Research

- Academic professions\*

#### Social Work

- Conflict Resolution and Mediation

- Industrial and Organisational Psychologist\*
- Forensic Psychologist\*

- Market Research Analyst
- Advertising
- Media Buyer
- Newspaper Reporter or Technical Writer
- Public Statistician
- Research Assistant

- Teaching
- Special Education

- Experimental and Research Psychologist\*

- Volunteer Services

## PROGRAMME STRUCTURE & COURSES

You must successfully complete the following courses for a total of 128 credit hours to graduate:

### Year 1 (7 subjects)

- Introduction to Psychology 1
- Introduction to Psychology 2
- Scientific Thinking and Academic Writing
- Introduction to Quantitative Methods 1
- Introduction to Quantitative Methods 2
- Career Exploration
- Contextual Intelligence

### Year 2 (10 subjects)

- Advanced Quantitative Methods 1
- Advanced Quantitative Methods 2
- Social Psychology
- Human Personality
- Biopsychology
- Developmental Psychology
- Understanding and Managing Emotions
- Industrial Training

### Electives (Choose 2)

- Counselling Skills
- Conflict Theory and Resolution
- Human Services
- Educational Psychology
- Qualitative Research
- Group Process
- Exceptional Children: Developmental Disorders
- Understanding Child Abuse and Neglect
- Understanding Children in a Changing Society

Students are also required to complete MPU courses during Year 1 and Year 2.

### Year 3 (11 subjects)

- Undergraduate Thesis
- Learning and Cognition
- Ethics in Psychology
- Abnormal Psychology
- Career Development and Planning
- Data Analytics for Psychology

### Electives (Choose 4)

- Introduction to Industrial/ Organisational Psychology
- Counselling Theories and Techniques
- Issues in Contemporary Psychology
- Substance Abuse
- Forensic Psychology
- Health Psychology
- Cross Cultural Psychology
- Youth Work and Services
- Psychology of Eating
- Human Motivation
- Learning Disabilities
- Psychology of Film
- Psychology in the Workplace

1 General Elective (to select from list of Psychology Electives)

### Assessment System

Assessment will be based on coursework and assignments (40-60%) as well as written examinations (40-60%).

### Duration of Study

Intakes are available in January, May and August and October. The entire 3-year programme consisting of 6 long semesters and 3 short semesters is conducted at DISTED in Penang.

## MINIMUM ENTRY REQUIREMENTS

STPM  
2Cs

A-Level  
1 C, 1 D

SACE International  
ATAR 65

UEC  
5 Bs

DISTED Foundation in Arts  
Pass all subjects (Minimum of 5 Credits)

HELP Foundation in Arts / Science  
Pass all subjects (Minimum of 4 Credits)

Canadian Pre-U  
Average 65 (6 subjects)

Foundation Programmes  
Pass all subjects  
(50% of which must be Credit)

Diploma Programmes  
Pass all subjects (30%) of which must be Credit

\* 1 Credit grade = a score of 60 and above

The standard entry requirement of 3 SPM/O-Level credits (including credit in 1 Math subject & 1 Science subject) applies to all students. Malaysian students must attain a pass in SPM Bahasa Melayu.

## ENGLISH LANGUAGE PROFICIENCY REQUIREMENT (TO FULFILL ONE)

IELTS  
5.5

TOEFL  
550 paper-based (213 computer-based;  
80 Internet-based)

MUET  
Band 5

IGCSE / O-Level  
C for English or English Literature

SPM  
A for English (A1/A2 or A+/A/A-)

UEC  
B for English

HELP Foundation in Arts / Science  
Credit for either Intermediate English or Advanced English

HELP English Immersion Programme  
Minimum of B- in Level 6

SACE International  
14/20 for English as an Additional Language

Canadian Pre-U  
65 for ENG4U

PTE  
42  
*Other equivalent qualifications recognised by the Malaysian Government.*

## CAREER PATHWAYS

## STUDY PATHWAY

Foundation /  
STPM / A-Level /  
SACE International /  
UEC or equivalent



**Bachelor of Psychology (Hons)**  
3 years programme  
(128 credit hours)



**Master Degree Programme at University of Adelaide / Other Partner Universities in Malaysia or Global / Workplace**

