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Igniting Success: SPM Sejarah and BM Seminar Inspires Over 200 Students at DISTED College

Students gained valuable insights, inspiration, and future guidance at DISTED College's engaging academic seminar as they prepare for the SPM Examination.

Week's Best Titles

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Remarks from the President

Prof. Dr.
Vikneswaran Nair
President

At DISTED College, we proudly host events that enrich students academically while fostering personal growth and future aspirations. Such initiatives align with our mission to empower young minds with the tools and experiences needed for success. Beyond acquiring knowledge, students at this seminar explored innovative ideas, engaged in meaningful discussions, and gained valuable direction for their educational and career paths.

This SPM Seminar provided a dynamic platform for students to delve into academic insights while experiencing the importance of curiosity, innovation, and critical thinking. From cutting-edge technology demonstrations to creative and counselling sessions, participants engaged in real-world learning applications, building confidence and inspiration.

For DISTED College, these events highlight our dedication to holistic development and a vibrant academic community. We are proud to be a hub where students from diverse backgrounds come together to exchange ideas and lay the groundwork for bright futures. These experiences reinforce our role in bridging education with real-world possibilities, equipping students with knowledge and confidence.

Thank you to everyone who participated and contributed to the success of this seminar. We remain dedicated to inspiring and supporting students in their educational journeys. Best wishes to all SPM students in their Sejarah and Bahasa Malaysia exams—we hope the session proved valuable and insightful.

Cover
Story**Igniting Success:
SPM Sejarah and BM Seminar Inspires
Over 200 Students at DISTED College**

On December 1, 2024, DISTED College hosted over 200 students from various schools for the SPM Sejarah and Bahasa Malaysia Seminar, a day focused on academic growth and future planning. Led by Teacher Jack from EduSuperHero, a dedicated educator with 14 years of experience, and Cikgu Shimah, a Guru Cemerlang with 15 years of expertise, the seminar provided students with a comprehensive understanding of key subjects and boosted their confidence for upcoming exams. The event, organised in collaboration with Uni-Enrol and EduSuperHero, also included counseling sessions to help students explore higher education pathways.

The seminar featured interactive activities across the campus, showcasing advanced technology such as the EEG machine, a 3D printer, drones, and a robotics arm. Creative sessions like sand play, art therapy, and photography added variety, while science demos, including the Van Der Graaf generator and microscopic investigations, sparked curiosity. Students also enjoyed a game of "Wheel of Fortune" and were treated to waffles, toast, and coffee from food stalls, making the experience both educational and enjoyable.

DISTED's promotional video, played in the media lab, gave attendees a glimpse of the college's dynamic learning environment. The event was made seamless by the efforts of ushers, helpers, and organisers, who managed everything from hall setups to food arrangements. DISTED College proudly sponsored the venue and lunch, extending its gratitude to Uni-Enrol for their collaboration.

As students prepare for their SPM exams and oral tests, DISTED College wishes them every success. The knowledge and experiences gained from this seminar aim to inspire a bright academic journey ahead.



Felecia Ng Lay Hong
Personal Assistant,
Director/President Office

Jabil Careers: A Day in the Life

Kelvin Oo and Alex Lee, distinguished DISTED College alumni, exemplify how their education laid the foundation for their thriving careers at Jabil. Kelvin's internship at Jabil GBS enhanced his global procurement skills, providing valuable insights into business processes and fostering his transition into a full-time role. After years in the Global Centralized Procurement team, Alex advanced to a senior position, leading high-performing teams and managing top revenue-generating projects. Both credit DISTED for equipping them with essential skills like critical thinking, teamwork, and adaptability, which have been instrumental in their professional growth. Their success stories reflect Jabil's collaborative culture, which nurtures talent, fosters innovation and empowers employees to achieve their career goals. From leveraging DISTED's education to excelling in challenging roles, Kelvin and Alex's journeys illustrate how a strong academic foundation and real-world opportunities create pathways to success in a dynamic work environment.

Tan Sue Lin
Deputy Head, School of Business & Hospitality

Alex Lee

Kelvin Oo

Empowering Knowledge and Collaboration: Highlights from the 2025 Budget Seminar

On 19th November 2024, two lecturers from the School of Business and Hospitality attended the 2025 Budget Seminar, a full-day event organised by SH Tax Services Sdn Bhd. The seminar focused on the latest tax updates from the Prime Minister's recent budget announcement, covering key topics such as business and individual taxation, e-invoicing, and e-PCB. Featuring expert guest speakers, the seminar provided valuable insights into high-profile tax cases and emerging trends in taxation. It also served as a platform for networking with industry practitioners, facilitating discussions on potential collaborations between SH Tax Services and the Business School, as well as job opportunities for graduates. The event proved to be highly informative and productive, offering key takeaways on current tax matters while fostering professional growth and opportunities for partnership development. It underscored the importance of staying updated on financial policies and their implications for businesses and individuals.

Sharizan Abdul Rashid
Lecturer, School of Business and Hospitality



Live Younger, Longer

Can you reverse aging? Psychology suggests that mindset and behaviour significantly influence biological age, allowing one to age chronologically but remain biologically younger—a phenomenon called reverse aging. Dr. Spar Myles shares tips on maintaining health and preventing early wear and susceptibility to disease. Contrary to popular belief, genetics play a minor role in life expectancy. Environmental factors such as diet, lifestyle, and happiness are key. Happiness, for instance, can boost lifespan by up to 18%, with the happiest individuals at age 22 being 2.5 times more likely to live six decades longer. Embracing healthy habits not only improves longevity but also enhances quality of life. "Live Well, Live Happy, Live Long." At the School of Psychology, students are introduced to this concept of reverse aging.

Shakirin Sulaiman
Lecturer, Pre-University Studies



DISTED's Spooktacular Night: A Fun-Filled Event Hosted by the Psychology Club

On November 8, 2024, DISTED College's Psychology Club hosted an unforgettable Spooktacular Night at Heritage Hall, creating a thrilling and fun-filled community event. The venue buzzed with energy as students, faculty, and the public dressed as spooky monsters and quirky characters, enjoying activities that blended entertainment with psychology. Popular attractions included Cookie Decorating, Face Painting, Stick the Face on the Pumpkin, and Bloody Eyeball Toss, delighting guests of all ages. The Haunted House stole the show, delivering chills and screams as brave participants navigated its eerie maze. Trick or Treat stations added a playful touch, engaging both children and seniors. The event fostered a sense of togetherness, thanks to collaboration with the Music and Science Clubs and a committed team of volunteers. As the club advisor, I'm proud of our committee's hard work, which made this event a vibrant celebration of creativity, community, and psychological curiosity.

Thireshynie A/P Tamil Chelvam
Lecturer, School of Psychology

A Spooktacular Night: Lecturer's Supporting Student Initiatives

On 8th November 2024, I experienced the vibrant creativity of DISTED's Psychology Department at their Spooktacular Night. The evening began with a thrilling haunted house adventure, where eerie sounds and unexpected scares brought out the spirited side of our students. Alongside my colleague, Ms. Thireshynie, I enjoyed manning a booth selling refreshing floats, fostering light-hearted interactions with students while supporting their initiatives. The event offered a dynamic mix of activities, including costume contests showcasing incredible creativity and games testing agility and wit. Every detail, meticulously planned by the organising committee, ensured a memorable experience for all. As the night unfolded, I felt immense pride in our students, who balanced academic pursuits with exceptional event management. The Spooktacular Night wasn't just a Halloween celebration; it highlighted the vibrant, dynamic community within the School of Psychology, embodying both academic excellence and creative expression.

Nur Aisya Najwa Amerrudin
Lecturer, School of Business and Hospitality



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