

# Weekly DisCourse

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## Ace the DISTED College Scholarship Interview



Securing a scholarship at DISTED College is a significant step towards achieving your educational goals. To excel in the scholarship interview, it is essential to understand the scholarship requirements by researching its criteria, values, and expectations. Reflect on how your personal, academic, and career goals align with the scholarship's objectives.

Review every detail of your application and be ready to discuss your achievements, experiences, and skills in depth. Familiarise yourself with your resume and highlight your key accomplishments. Additionally, research DISTED College thoroughly to gain insights into its programmes, culture, and values. This will help demonstrate your genuine interest and fit for the college.

Practising common interview questions can greatly enhance your confidence and performance. Prepare answers for questions such as "Tell us about yourself," crafting a concise and compelling personal story. For "Why do you deserve this scholarship?" highlight your strengths and how they align with the scholarship's goals. When discussing your career aspirations, explain how the scholarship will aid in achieving them. Also, be ready to describe challenges you have faced and how you overcame them, showcasing your problem-solving skills and resilience.

During the interview, it is important to showcase your personality and values. Be authentic and honest in your responses, demonstrating a genuine passion for your field of study and the opportunities at DISTED College. Display confidence through good posture, eye contact, and clear speech. Highlight your achievements and experiences, emphasising academic excellence, extracurricular involvement, leadership roles, and teamwork experiences.

Present yourself professionally by dressing appropriately and arriving early to the interview. By preparing diligently and presenting yourself confidently, you can significantly increase your chances of excelling in the scholarship interview at DISTED College, Malaysia.

## 成功通过立达学院奖学金面试

获得立达学院的奖学金是实现教育目标的重要一步。想要在奖学金面试中表现出色，首先要了解奖学金的要求，研究其标准、价值观和期望。评估你的个人、学业和职业目标是否与奖学金的目标相匹配。

仔细审查你申请中的每一个细节，准备好深入讨论你的成就、经历和技能亮点。熟悉你自己的简历，强调你的突出成就。深入了解立达学院的课程、文化和价值观，以展示你对学院的真正兴趣和适应性。

练习常见的面试问题可以极大地增强你的信心和表现。准备问题的答案，例如“告诉我们关于你自

己”，准备一个简洁而引人入胜的个人故事。在回答“为什么你应该获得这份奖学金？”时，强调你的优势以及它们与奖学金目标的一致性。在讨论你的职业目标时，解释奖学金如何帮助你实现这些目标。此外，还要准备好描述你所面临的挑战以及您如何克服它们，从而展示您的问题解决能力和韧性。

通过得体的着装和提前到达面试地点展现自己的专业形象。通过认真准备和自信展示自己，你可以大幅提升在马来西亚立达学院奖学金面试中脱颖而出机会。

(Mandarin Translator, Ms. Tan Pei Shi, Lecturer, School of Business and Hospitality)



## Emotionally Prepared for College Life

Entering tertiary education can be both overwhelming and stressful. If adolescence marks the transition from childhood to adulthood, then tertiary education signifies the leap from secondary life to the working world.

South Australian Certificate of Education International (SACEi), Cambridge A-Level, Foundation in Art (FIA), and Foundation in Science (FIS) are among the initial courses available in tertiary education, serving as stepping stones to degree programmes.

Preparing for tertiary education is more than just focusing on academics. While many students prioritise academic readiness, emotional preparation is equally crucial. Students should invest in emotional readiness alongside academic readiness to thrive in college life. The question is how to prepare ourselves emotionally? Here are some tips:

- |                                     |                                       |
|-------------------------------------|---------------------------------------|
| 1. Focus on taking care of yourself | 5. Be proactive and engaging          |
| 2. Keep an open mind                | 6. Commit to a schedule               |
| 3. Practice mindfulness             | 7. Avoid comparing yourself to others |
| 4. Start thinking independently     | 8. Get help when required             |

Among the tips, seeking help is crucial yet often overlooked. When challenges surpass our expectations, there's every reason to reach out for assistance. Emotional struggles should be normalised, akin to physical ailments. Just as we consult a doctor when ill, seeking a therapist's guidance during emotional turmoil is essential. Engaging in conversation alone can alleviate much distress. Realising that others share similar experiences can foster connections and establish a reliable support network.

*- Keep your face always towards the sunshine, shadows will fall behind you -*  
 Walt Whitman



Nurshakirin Sulaiman  
 Psychology Lecturer, School  
 of Pre-University Studies

## Fostering Success and Growth: The Mentorship Programme at DISTED College



At DISTED College, we are launching a mentor-mentee programme to enhance academic success and personal development. This initiative pairs experienced students with newcomers, creating a supportive environment to navigate college life and prepare for future careers. The upcoming Programme for SMJK Union School on June 8th aimed at enhancing the PRS (Pembimbing Rakan Sebaya – Peer Support Group) programme at the school level, underscores mentorship's importance and impact.

Mentors benefit by reinforcing their knowledge while helping mentees develop effective study habits, time management strategies, and exam preparation techniques. Mentoring enhances leadership and

communication skills, valuable in any professional setting. Mentors learn to explain complex concepts clearly and foster independence in their mentees. By contributing to a supportive college environment, mentors help new students feel welcome and integrated, fostering a sense of belonging and community spirit.

Mentees receive tailored advice on study techniques, course selection, and workload management, enhancing their academic performance and confidence. Mentors provide a reliable source of advice and encouragement, helping mentees overcome challenges and stay motivated. They also share valuable insights about career paths and industry trends, aiding mentees in making informed decisions about their futures.

Creating a culture of mentorship involves establishing clear goals, providing training, ensuring open communication, and organising community-building events. Regular assessments and feedback mechanisms ensure the programme evolves effectively.



The mentorship program at DISTED College fosters a nurturing environment for students to thrive, highlighting the far-reaching impact of mentorship on academic success, personal growth, and community building.

Syahirah Farwin  
 Lecturer, School of Psychology



## Navigating the Real World: Lessons Learnt from an Internship Journey



Embarking on my real-world work journey was a whirlwind of excitement and passion. Yet, it wasn't without its hurdles. From grappling with new systems like SAP and the company's SharePoint, which handled everything from time-off requests to claims submissions, to navigating complex sales processes during my first field trip, the learning curve was steep.

However, with time came invaluable support from caring colleagues and mentors who graciously shared their expertise, easing my transition. This collaborative atmosphere not only lessened the stress but also encouraged innovation. Despite inevitable rookie mistakes, the guidance I received was constructive rather than critical, defying my expectations of a rigid work environment.

As I grew accustomed to the tasks at hand, I found space to apply my creative problem-solving skills to projects like the "Time Motion Assignment." This initiative aimed at enhancing workflow efficiency by identifying redundancies and proposing innovative solutions, fostering a culture of continuous improvement.

Throughout the internship, I proposed solutions such as power automation for email reminders on navigation app usage and implementing geofencing to automate app launches in specific areas. Additionally, I advocated for mobile device management to mitigate productivity disruptions faced by sales teams.

In the end, this internship provided invaluable hands-on experience within the fast-paced consumer goods industry. The wealth of business insights and product knowledge surpassed my expectations, making it a profoundly rewarding experience despite the challenges. I'm thankful for the opportunity DISTED has provided for growth and learning, ensuring I am prepared for this internship journey.

Teoh Yong Shern  
Student of BSc (Hons) International Business Management

## Empowering Tourism Officers Globally: Insights from DISTED President's Talk

DISTED President, Prof. Dr Vikneswaran Nair, was invited to present a talk on "Strategies in Developing Responsible and Sustainable Tourism Destinations and Products" on 14 May 2024 for senior tourism officers from Algeria, Azerbaijan, Bangladesh, Cambodia, Croatia, Jordan, Kazakhstan, Kyrgyzstan, Maldives, Mauritius, Philippines and Malaysia. The two-week workshop under the Malaysian Technical Cooperation Programme (MTCP) was organised by the Islamic Tourism Centre, which was established to assist the Ministry of Tourism, Malaysia, in undertaking strategic tourism research and market intelligence and providing training and capacity-building services.



Participants of the Programme

# Valorant Competition

## 14 June 2024



Get ready to unleash your skills and dominate the battlefield! 🎮🔥 Join us at Valorant E-Sport competition and prove you're the ultimate champion. 🏆🔥

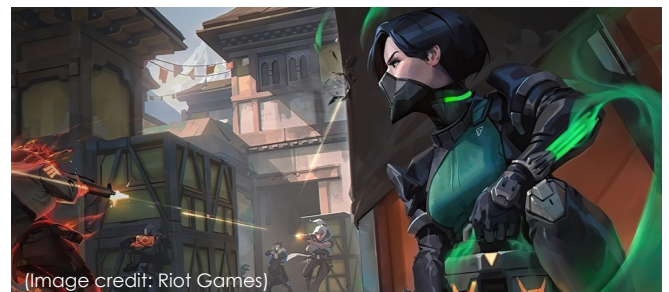
Whether you're a sharpshooter with Jett or a tactical mastermind with Brimstone, this is your chance to shine. Gather your squad, strategise, and prepare for intense action and epic plays. 🔥🔥

Amazing prizes await the winners, and the bragging rights will be priceless. Don't miss out on the most exciting event of the year!

Organised by the DISTED E-Sports Club, this is the second season following last year's successful debut. With an improved format and a new E-Sports Club logo, this event promises even more attractive prizes. Certificates of achievement will be awarded to the winning teams.

For more information, please contact the E-Sports Club team as indicated in the poster. We look forward to strong participation from everyone in the campus community!

Nur Iffah Ruhanis  
Student of Diploma in Business Studies  
DISTED E-Sports Club Secretary



## Fresh Face in Tech: Welcoming Nurul Annisa

Nurul Annisa binti Azhar graduated with a Master's degree in Computer Science from Universiti Teknologi MARA (UiTM) in Shah Alam. She recently joined DISTED's School of Computing and Engineering, bringing with her a wealth of experience in the field of Computer Science. Proficient in various programming languages such as Java, Python, and SQL, she has honed her skills through years of hands-on work. Her expertise extends to research, evident in her publication on the IEEE literature website platform titled "Mapping Studies of Critical Success Factors in Agile Software Projects." Continuously evolving, she embraces the multifaceted nature of her identity, integrating her diverse interests, aspirations, and complexities with each passing moment.

