College & present

Creative Arts Therapy Workshop Series

Therapeutic Use of Art and Image Making

Saturday 5th June 2010

Time: 9am—5pm

Venue: Kolej Disted
340, Macalister Road,
10350 Penang

Aims:
To introduce the basic principles and skills of therapeutic art and image making that can be used in a variety of clinical, educational and community settings.

Who should attend:
All mental health, social and community workers (counsellors, teachers, nurses, occupational therapists, etc.) who are interested in broadening their skills.

What you can gain:
• art-based assessment skills in understanding client’s emotional, cognitive, and developmental needs and concerns.
• art and image making techniques in facilitating therapeutic self expression, exploration and working through of personal materials evoked.

Workshop Fees: RM 150/person

Please make the cheque payable to: ‘DISTED PULAU PINANG SDN BHD’ or bank in to RHB Bank Berhad, Account No: 2-57087-0000037-8 and fax over the bank-in slip with your name written on it to fax no. 04-2266403.

Confirm your registration with Josephine before making your payment.

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Want to learn more about Creative Arts Therapy?

This workshop is part of a series of mini-modules for those who seek to deepen their knowledge and skills to become competent practitioners in Creative Arts Therapy. Find out what participants of earlier modules are saying about their learning experiences!

Check it out at: http://cppd.onlineuk.org/

Look out for other workshops later this year on:
• Therapeutic Use of the Moving Body
• Therapeutic Use of Story Telling and Story Making
• Therapeutic Use of Small World Play

Further Information
Josephine: 04-229 6579/80, or 012-421 9928
Alex: Chew: 016-469 1112
BOLD: 04-6598611

Children & Art Making
• Children have a natural predisposition towards creative play thus art and image making makes it an ideal therapeutic method for children of various ages, difficulties, diagnoses and needs.
• does not require any special talent in artistic expression.
• can accommodate to a child’s developmental level and thus non-verbal children, hyperactive and impulsive children, and developmentally delayed children can benefit from art therapy.
• defensive and intellectual children become less resistant using indirect and yet potent method like art.
• those suffering loss can be helped to mourn and integrate those losses through art making.
• depressed and/or withdrawn children can be helped to feel better through an increase in their energy and motivation, enabling them to become more revealing, receptive, and open to help.

Workshop Facilitator
Alex Chew is a personal and professional development consultant to individuals, groups and organisations for the last 22 years. Recently retired senior lecturer at Thames Valley University, and the University of Hertfordshire, UK, Mental Health and MA Counselling thesis supervisor. Convener of the International and Supervision Sub-committee, British Association of Dramatherapists. Director of Online Training for Counsellors Ltd. Experienced facilitator in online training, counselling and supervision. Provides online supervision for Counsellors, Play Therapists and Dramatherapists since 2001.