

DISTED

KOLEJ DISTED-STAMFORD

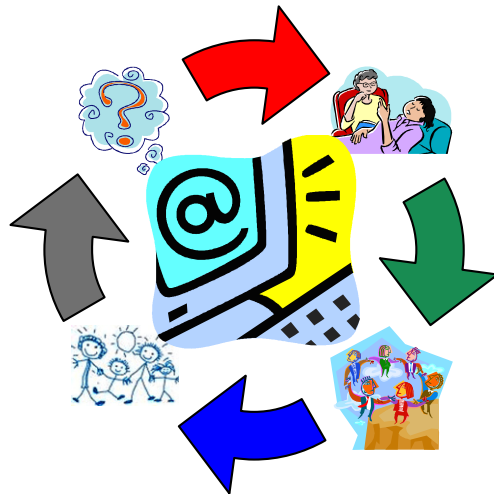
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Co-organiser: BOLD Association for
Children with Special Needs, Penang,



A Practice Based Blended Learning Approach to Continuing Personal & Professional Development (CPPD)



A unique and innovative professional training opportunity for practitioners dedicated to helping others fulfil their personal, social and emotional needs and in developing their potentials.

Introduction

This CPPD training programme is designed to offer maximum flexibility and ease of access for the busy practitioner keen to update, develop and expand their practice skills and knowledge in meeting their professional responsibility to remain effective, innovative and in meeting the needs of their clients, students or patients.

Objectives of the CPPD programme

To provide a sustainable inter-disciplinary CPPD program that is practice driven, aimed at service improvement, and upgrading the skills profile of frontline practitioners. These may include practitioners working as counsellors, para-counsellors, therapists, teachers, health, social and community workers from various helping agencies whose services share the common goals of addressing the personal, intellectual, social and emotional needs of individuals across the lifespan, from children, adolescents, adults and the elderly.

Who should attend?

The CPPD programme is intended for practitioners such as:

- counsellors
- para-counsellors
- therapists
- teachers
- psychologists
- artists
- nurses
- mental health practitioners
- community volunteers
- social workers
- occupational therapists
- allied health workers

.....and practitioners from various helping agencies whose services share the common goals of addressing the personal, intellectual, social and emotional needs of individuals across the lifespan.

About the CPPD Consultant

Alex Chew is a personal and professional development consultant to individuals, groups and organisations for the last 21 years. Recently retired senior lecturer at Thames Valley University, and the University of Hertfordshire, UK, Mental Health and MA Counselling thesis supervisor. Convener of the International and Supervision Sub-committee, British Association of Dramatherapists. Director of Online Training for Counsellors Ltd. Experienced facilitator in online training, counselling and supervision. Provided online supervision for Counsellors, Play Therapists and Dramatherapists since 2001.

Programme Structure

The CPPD programme comprises:-

- i. **Mini Modules** These components of learning are skills based stand alone learning units of six weeks duration. It commences with a full day skills workshop. Participants are then allocated their respective action learning set (ASL). Each ASL is provided a problem scenario which the group are required to solve. The group presents their respective findings on completion of the learning task. Each participant keeps a personal learning journal in their blog. Learning is supported by an online group tutorial, two hours usually during the second and fifth week of the module. An online group supervision is also scheduled to provide supportive facilitation in the reflection, evaluation and integration of the specific skills of the module that is being taught and applied within the context of the participants workplace. A certificate of completion is awarded on successful completion of the module which is assessed by fellow peers within the ASL on each participant's satisfactory participation and contribution to the group task and facilitator assessment of the individual personal learning journal providing evidence that the learning outcomes of the module has been met. Each cohort for a mini module is limited to a maximum of 12 participants to ensure quality of learning.
- ii. **Learning to E-learn Module (Compulsory Module)** This is a mandatory mini module and is a pre-requisite for all participants

before they can subscribe to any of the mini modules on offer. This module is an intensive module of two workshop days introducing participants to all the relevant components of e-learning. This include effective internet search and evaluation skills, digital communication – email, instant messaging, audio and video conferencing, handling digital multi-media in the ICT, use of blogs and social networking as digital learning tools. Participants are introduced to blended learning and action learning through similar learning, assessment structures and process as that found in the mini modules. There is an additional consolidation day at the end of this module.

- iii. **The CPPD Certificated Pathway** There are 3 progressive level of award for the satisfactory achievement of the skills competencies that the individual has accumulated towards a specific pathway.

- 1) DISTED CPPD Novice Practitioner Certificate (Level 1)
- 2) DISTED CPPD Advanced Practitioner Certificate (Level 2)
- 3) DISTED CPPD Master Practitioner Certificate (Level 3)

Some of the pathways that are currently being developed and offered are:

Play Therapy Skills, Group Facilitation Skills, Creative Arts Therapy Skills, Dramatherapy Skills, Art Therapy Skills, Dance & Movement Therapy Skills, Counselling Skills.

In order for participants to achieve a DISTED CPPD Certificate, they must have completed:-

- Learning E-Learn module (compulsory)
- 6 mini modules of the appropriate level - 3 core modules and 3 elective modules
- Consolidation module (compulsory)
- * Each mini module has a 3-year shelf-life if a participant wants to consolidate mini modules into a DISTED CPPD Certificate

How will you gain from this CPPD programme?

The blended learning programme is

Work Based – The programme utilises learning triggers drawn from the problems that you encounter in your practices as the catalysts for learning.

- The knowledge and skills that will be acquired and solutions implemented will be relevant in addressing your 'real life' practice dilemmas and problems.
- They will enhance your 'people skills' through an enquiry mode of learning facilitated within the interdisciplinary action learning sets enhancing co-operative learning within the peer community.

Accessible – A range of related knowledge and skills resources will be made available to support the problem solving endeavors of the action learning set.

- Easy 24 hours access to available technology such as screencasts, podcasts, websites, electronic journals without the barriers of geography and mobility.
- E-Workshops, Online Tutorials and Online Supervision offer access to clinical expertise, resources and skills that may not be available locally.

Interactive – A highly interactive component in any educational program is what makes learning successful.

- Face to face contact as well as web based text, audio and video communication tools offered by discussion forums, VOIP, text, audio and video conferencing makes your learning more exciting and interesting.
- Opportunity to discuss, exchange information and feedback with/from the consultant facilitator and your peers.

Flexible – The structure of the programme allows for diversity of participants from different background with different learning needs and goals and different time constraints.

- You have the choice of just selecting to attend the intensive skills workshop only and gained valuable skills in specific areas that would enhance and develop your helping role or decide register for the complete module itself. In registering for the full module, the skills that you have been introduced to during the initial workshop will be extended. The breadth and depth of your learning and understanding is furthered as you engage in the next phase of the learning, application and integration process. This process is supported by further E-Workshops/Tutorials, Action Learning Sets, Online Group Supervision as well as by developing your capacity for self-reflection, analysis and evaluation. A personal journal of learning experiences are kept in your digital portfolios for assessment.

Minimum ICT Access & Skills Requirement

The minimum requirement to participate in web based learning is access to a computer preferably with broadband internet, sound card and headset; basic computer skills such as, word processing, surfing the internet, send and receive emails and most important, an posses a high motivation for self-directed and co-operative learning. The rest of the other ICT skills will be addressed during the mandatory module "Learning to E-Learn". Use of webcams is also welcomed in documenting video learning evidences although not crucial.

Further Information

For more information, please visit <http://cppd.onlineuk.org> or call

Min See: 012-585 7137 Email: minsee@gmail.com
Josephine: 04-229 6579/80, 012-421 9928
Alex: 016-469 1112 Email: chewalex@hotmail.com

Dates of forthcoming modules

Participants choosing not to enroll to complete the mini module can attend the various experiential day workshop of their choice. Each skills workshop is limited to maximum 24 participants.

Learning to E-Learn (Mandatory Modules)

Workshop Days

9th May 2009 & 10th May 2009

Venue: Disted-Stamford College, Computer Lab & Lecture Room

Therapeutic Use of Small World Play (Level 1 Module)

Workshop Day

17th May 2009

Venue: Disted-Stamford College, Lecture Room

Therapeutic Use of Stories to Facilitate Healing & Growth (Level 1 Module)

Workshop Day

28th June 2009

Venue: Disted-Stamford College, Lecture Room

Therapeutic Use of The Group (Level 1 Module)

Workshop Day

5th July 2009

Venue: Disted-Stamford College, Lecture Room

All Intensive Face-to-Face workshops start from 9 am to 5 pm.

Dates for the online group tutorial and online supervision group will be decided in consultation with the participants who have elected to follow the full module.

Registration Form

Name:

Email:

Tel (office/hp):

Professional Qualification:

Organization:

Position:

Enrolment & Fee (inclusive of notes, morning tea and lunch)

Full Modules

- | | |
|--|---------------|
| <input type="checkbox"/> Learning to E-Learn (Mandatory Modules) | RM 250/person |
| <input type="checkbox"/> Therapeutic Use of Small World Play | RM 250/person |
| <input type="checkbox"/> Therapeutic Use of Stories to Facilitate Healing & Growth | RM 250/person |
| <input type="checkbox"/> Therapeutic Use of The Group | RM 250/person |

1-Day Workshop only

- | | |
|--|---------------|
| <input type="checkbox"/> Therapeutic Use of Small World Play | RM 150/person |
| <input type="checkbox"/> Therapeutic Use of Stories to Facilitate Healing & Growth | RM 150/person |
| <input type="checkbox"/> Therapeutic Use of The Group | RM 150/person |

Please make the cheque payable to: 'DISTED-STAMFORD SDN BHD' or bank in to **RHB Bank Berhad, Account No: 2-57087-00000378**

Participation is confirmed upon receipt of payment. All registration form, cheque/bank in slip must reach Disted-Stamford College one week before the date of the workshop.

Date:

Signature: _____